

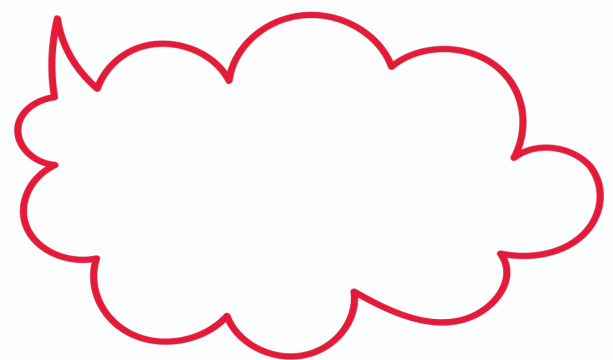
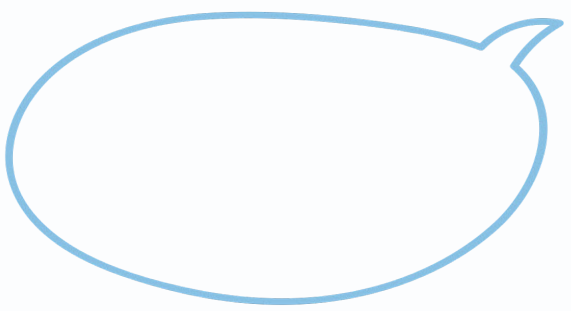
5 THINGS I CAN TELL MYSELF

Imagine you're working on something very hard. A difficult puzzle, for example. It's getting tough but you don't want to give up! What can you tell yourself to **keep going**?

MY NAME

I'm on the right track!

Draw yourself here:



I can do hard things!