

My Gratitude List

Write down things you're grateful for next to each word below.

I am grateful for...

COLOR _____

BOOK _____

SONG _____

MOVIE _____

SMELL _____

PERSON _____

ANIMAL _____

FOOD _____

DRINK _____

SEASON _____

PLACE _____

GAME _____

HOLIDAY _____



Giving Thanks

Think of someone you know like a family member, a friend, or a teacher. Think about why you're thankful for this person. Write a letter to them by filling in the empty spaces below.

Dear _____,



THANK YOU



for being a great _____

My favorite part about you is _____.

I am thankful that you taught me how to _____.

I love when we _____ together.

You are great because _____.

Love,



_____.

Mini Thank-You's

Write these mini thank-you notes to anyone you know. It could be your friend, your neighbour, or even the mailperson who delivers mail to your home every day.

If you wish, cut the notes out and share them with the people you wrote them to. These mini thank-you's can bring a HUGE smile to someone's face!

Dear _____,
thank you for _____

thank from _____


Dear _____,
thank you for _____

 from _____
thank you 

Dear _____,
thank you for _____

 from _____

Dear _____,
thank you for _____

 from _____
Thank You!

Grateful To Be ME



What **SKILLS** do you have that you're grateful for?



What have you done recently that made you **PROUD**?



Write 3 things about yourself you're grateful for:

1

2

3
