

Meet Dr. Bria!



Post Doctoral Resident in Clinical Psychology

Pronouns: she/her
Office: Alexandria

****Dr. Bria is a proud member of the Inclusive Therapists Network.**

****Currently accepting new clients!**

Dr. Bria Haynes is a Post Doctoral Resident in Clinical Psychology who recently graduated from Regent University's Clinical Psychology doctoral program in August 2023, located in Virginia Beach, VA. Dr. Haynes currently holds a Psy.D. and M.A. in Clinical Psychology. Prior to her doctoral studies, she earned an M.S. in Clinical Mental Health Counseling from Columbus State University in Columbus, GA.

Dr. Haynes specializes in serving children, adolescents, and adults. Her background includes comprehensive training in both therapy and assessment services, addressing a diverse range of clinical presentations with skill and empathy. Driven by the belief that everyone deserves the opportunity to be heard, understood, and attain a sense of inner peace, Dr. Haynes adopts a nurturing and collaborative approach in her work. She recognizes the importance of meeting clients where they are and emphasizes working at their pace to foster growth and ensure a safe and supportive therapeutic journey.

With a passion for helping others navigate life's challenges, Dr. Haynes is committed to providing compassionate care tailored to each individual's unique needs and ensuring a safe and supportive therapeutic journey.

 info@thewisefamily.com

 www.thewisefamily.com



**Specializes in ages 6-10 y/o,
11-13 y/o, 13-18 y/o and 18+.
Also offers assessment
services.**