

# Meet Catherine!

## Resident in Counseling

Pronouns: she/her

Office: Falls Church




Catherine is a Resident in Counseling for Wise Family Wellness. By day, Catherine is a Professional School Counselor at a local high school. She has worked as an elementary teacher as well and is excited to bring her experience working with K-12 students and parents to the Wise Family Wellness! She is also an active member of the Swim world and serves as a Head Coach at her local summer swim team.

Catherine enjoys spending her free time with her husband and their dog, Bentley, hiking, traveling, watching movies (Especially holiday movies :) and crafting.

Catherine holds a Master of Arts in School Counseling from Trinity Washington University. She is actively pursuing licensure in Virginia as a Licensed Professional Counselor.

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ages 5 and under, 6-10 y/o,  
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