

# Meet Kristin!

## Graduate Level Intern

Pronouns: she/her  
Office: Alexandria


**\*\*Currently  
accepting new clients!**




Meet Kristin, a queer, neurodivergent counseling intern at Wise Family Wellness! She is currently working on her Master's in Clinical Counseling at Southern New Hampshire University.

Kristin's desire is for every client to feel validated and supported in their feelings of safety. With a strong focus on breaking the chains of generational trauma, she counsels through a family systems lens, incorporating cognitive behavioral techniques, mixed with art and other creative, therapeutic approaches.

Kristin enjoys working with young children, tweens, and teens and holds space for clients who have experienced religious trauma and abuse while coming out as LGBTQIA in conservative environments.

 [info@thewisefamily.com](mailto:info@thewisefamily.com)

 [www.thewisefamily.com](http://www.thewisefamily.com)



**Specializes in: young children 5  
& under, children 6 - 10 and  
tweens/teens ages 11 - 13.**