

— □ — □ —

MELISSA WEINSTEIN,
GRADUATE LEVEL INTERN

— □ — □ —

Meet Melissa! She is a Graduate Level Intern at The Wise Family. Her preferred client ages are elementary age to high school age.

Melissa is passionate about helping children and teens by providing a safe space where they can discuss daily life stressors in a caring, judgment-free place. She incorporates a blend of person-centered and CBT techniques during her client sessions.

**SIGNS A CHILD
NEEDS A COUNSELOR**

Lower frustration tolerance
Decreased academic performance
Increased emotional sensitivity
Social Difficulties
Lying or manipulation
Self-Injurious Behavior Negative
Self-Image
Anger outbursts
Destroying property

Web: www.thewisefamily.com

Phone: 1-844-WISE FAM



MELISSA'S BIO

Pronouns: She/Her

Melissa is a counseling intern and student currently working towards her master's in clinical mental health counseling at The Chicago School in Washington, D.C.

During sessions, she strives to ensure that each client feels seen and heard and, in turn, develops skills to get in touch with and express their inner worlds. Prior to her master's program, Melissa completed her undergraduate degree in Psychology at George Mason University. During her time there, Melissa worked as an assistant teacher at a Montessori school, working with children ages 18 months to 12 years old, focusing on growing children's real-world skills and eagerness for learning.

Melissa loves to bake, sings different genres of music, and enjoys embroidering. In her free time, you will find her attending concerts of her favorite artists, going to amusement parks, and reading new books. She is an avid fan of all things Harry Potter, Disney, and Taylor Swift.