

# Meet Oshua!

**Licensed Professional Counselor**

Pronouns: he/him  
Office: Falls Church



Oshua knew very early on that he wanted to get into counseling because of his own experience with seeing a therapist when he was young. He was getting into a lot of trouble at home and in school and his therapist really helped to change his perspective on life. Oshua loves working with all populations but has a special affinity for adolescents and young adults.

He believes there is a lot of power in just listening and many times he feels that adolescents and young adults seek therapy for a chance to be heard. Oshua has a history of working in pretty much every level of mental health from the ASD population to intensive in-home, inpatient hospitalization, partial hospitalization, private practice or working virtually doing assessments for hospitals.

In Oshua's spare time, he enjoys watching all sports. He is a huge fan of the Steelers, Knicks, Nationals, Ohio State football, and Manchester United. Oshua loves chicken parmesan and lemon pepper chicken wings. His absolute favorite thing to do is listen to music while streaming episodes of The Office on mute in the background (it sounds weird but it's actually very relaxing).

 [info@thewisefamily.com](mailto:info@thewisefamily.com)

 [www.thewisefamily.com](http://www.thewisefamily.com)



**Specializes in  
children ages 13-18 y/o, as  
well as 18+**