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DR. NICOLE CAREY,
CLINICAL PSYCHOLOGIST
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Meet Dr. Nicole Carey! She is a Doctoral Resident in Clinical Psychology at the Wise Family who is passionate about supporting children and adolescents of all ages through assessment and parent coaching.

**SIGNS A CHILD
NEEDS A COUNSELOR**

- Lower frustration tolerance**
- Decreased academic performance**
- Increased emotional sensitivity**
- Social Difficulties**
- Lying or manipulation**
- Self-Injurious Behavior**
- Negative Self-Image**
- Anger outbursts**
- Destroying property**

Web: www.thewisefamily.com

Phone: 1-844-WISE FAM



DR. NICOLE'S BIO

Pronouns: she/her

Dr. Carey specializes in providing psychological assessments of children and adolescents who are experiencing difficulties at all levels of their lives. Her goal is to help families identify challenges specifically, explore possibilities for treatment, advocate for accommodations at school, and provide support through resources to help parents with managing concerns. In addition, Dr. Carey separately provides parent coaching sessions to help parents explore identified challenges more thoroughly, provide guidance about the possibilities of support through families, and support parents on topics that may be more difficult to discuss.

Dr. Carey's prior experience includes providing assessments for children and adults of all ages in both outpatient clinical settings and inpatient hospital settings. She also worked for many years directly with children, adolescents and families providing therapy on issues including, but not limited to, depression, anxiety, post-traumatic stress disorder, attention deficit hyperactivity disorder, and grief/loss issues. In addition, Dr. Carey provided direct support in a multitude of school settings to students and families through direct clinical support, assessment/referral, and parent training.

In her spare time, Dr. Carey enjoys spending time outdoors hiking, watching movies and theater, spending time with her family, and exploring new places through travel.