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CLEO CHALK,
RESIDENT IN COUNSELING
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Meet Cleo! He is a Resident in Counseling at
The Wise Family.

Cleo has experience providing therapy to
children, adolescents, and adults from diverse
backgrounds and continues to grow in cultural
competency.

**SIGNS A CHILD
NEEDS A COUNSELOR**

- Lying or manipulation**
- Decreased academic performance**
- Negative self image**
- Lower frustration tolerance**
- Increased emotional sensitivity**
- Social difficulties**
- Biting and chewing fingernails**
- Anger outbursts**
- Destroying property**



CLEO'S BIO

Pronouns: He/ Him

Cleo is a Resident in Counseling at The Wise Family. He was born and raised in Wilmington, Delaware. He enjoys hiking and trying new foods. He loves to play video games and listen to podcasts during his free time.

Cleo believes that it is his role to uplift the community through advocacy, support, and intervention. He has always desired to collaborate with and assist individuals in goal setting, behavioral change, emotion regulation, and acceptance.

Cleo's experience working with teens and adolescents is extensive as he volunteered at his former elementary and middle school throughout his college career. In addition, his mentorship and event planning opportunities at the University of Delaware have made him well-suited to work with young adults.

Cleo earned his B.A. in Psychology at the University of Delaware and his M.A. in Clinical Mental Health Counseling at The Chicago School of Professional Psychology. Currently, he is working towards becoming a Licensed Professional Counselor and a Certified Substance Abuse Counselor.