



TIFFANEY KNIGHT,
RESIDENT IN COUNSELING

Meet Tiffany!

Tiffany has experience working with students in K-12th grade.

She brings her knowledge of the school setting experience and a love for helping others to The Wise Family.

**SIGNS A CHILD
NEEDS A COUNSELOR**

Decreased academic performance

Negative self image

Lower frustration tolerance

Increased emotional sensitivity

Social difficulties

Biting and chewing fingernails

Anger outbursts

Lying or manipulation

Destroying property



TIFFANEY'S BIO

Tiffany is a DMV transplant originally from Pittsburgh, PA and is an avid Steelers fan. She currently resides in Maryland with her fiancée. She enjoys spending time with family and friends, traveling, and staying active.

By day, Tiffany works as an elementary school counselor where she teaches students tools to manage their emotions. She also frequently consults with parents and teachers. Tiffany has coordinated parent workshops on various subjects as well. This is her 4th year as a school counselor.

Tiffany holds a Master of Science Degree in Counseling with a concentration in School Counseling from the University of the District of Columbia. She is actively pursuing licensure in Virginia as a Licensed Professional Counselor.