

TATIANA RODIGUEZ, LICENSED PROFESSIONAL COUNSELOR

Meet Tati! She is a Wise Family Therapist with experience gained from working with clients from diverse backgrounds in varied mental health settings.

Tati is an LGBTQ+ affirming EMDR trained Clinician and Certified Women's Circle Facilitator. She also writes letters of referral for gender-affirming medical care, provides coaching for parents of LGBTQ+ youth, and facilitates consultation for providers on issues relevant to working with LGBTQ+ youth.

SIGNS A CHILD NEEDS A COUNSELOR

Lower frustration tolerance Decreased academic performance Increased emotional sensitivity Social Difficulties Lying or manipulation Self-Injurious Behavior Negative Self-Image Anger outbursts Destroying property Loss of interest

> Web: www.thewisefamily.com Phone: 1-844-WISE FAM



TATI'S BIO

Pronouns: she/her/ella

Bilingual: English/Spanish

Tati is a queer Latina of Afro-Colombian descent and a licensed professional counselor (VA) and Clinical Director at The Wise

Family. She's also a board-approved Supervisor for LPC residents. Tati enjoys collaboratively working with teens and young adults. She believes that her role is to provide them with support on their healing journey as they discover what already exists within them, make decisions that feel right for them, and create meaningful change that they want for themselves.

Tati earned her undergraduate degree in Psychology from James Madison University and her Master's degree in Mental Health Counseling from Nova Southeastern University. She is currently

working toward becoming a Certified Clinical Trauma Professional. Throughout her career, she has worked with clients from diverse backgrounds in crisis stabilization units, community agency centers, outpatient programs, residential treatment, and private practice.

When she's not working, Tati enjoys reading, photography, going to coffee shops, traveling, and spending time relaxing with her wife and two dogs at home.