



**TATIANA HERNANDEZ,
LICENSED PROFESSIONAL
COUNSELOR**

Meet Tati! She is a Wise Family Therapist with experience gained from working with clients from diverse backgrounds in varied mental health settings.

She has developed a particular interest and expertise in working with adolescents and young adults struggling with but not limited to: LGBTQ+ related issues, non-suicidal self-injury, and anxiety disorders.

**SIGNS A CHILD
NEEDS A COUNSELOR**

- Lower frustration tolerance
- Decreased academic performance
- Increased emotional sensitivity
- Social Difficulties
- Lying or manipulation
- Self-Injurious Behavior
- Negative Self-Image
- Anger outbursts
- Destroying property
- Loss of interest

Web: www.thewisefamily.com

Phone: 1-844-WISE FAM



TATI'S BIO

Pronouns: SHE/HER

Tati is a bilingual (English/Spanish) recently licensed professional counselor in the state of Virginia and self-proclaimed Disney nerd from South Florida, with a great passion for traveling and advocating for those in need.

Tati completed her undergraduate degree in Psychology at James Madison University and then went on to obtain her Master's degree in Mental Health Counseling from Nova Southeastern University. Since 2015, Tati has worked in crisis stabilization units, community agency centers, and outpatient programs.

Dedicated to creating a safe environment, holding space, and advocating for those who need to be seen and heard, Tati is honored to be able to connect with clients in private practice at The Wise Family.

She is currently available for video counseling and will soon be available for in-person counseling in Winchester, Virginia.