

Meet Tati!

Clinical Director & Licensed Professional Counselor

Pronouns: she/her/ella
Office: Alexandria + Virtual
Bilingual: English/Spanish

**Tati is a proud member of the [Inclusive Therapists Network](#). She is licensed in VA and is an approved telehealth provider for the state of FL.



Tati is a queer Latina of Afro-Colombian descent and a licensed professional counselor (VA) and Clinical Director at Wise Family Wellness. She's also a board-approved Supervisor for LPC residents. Tati enjoys collaboratively working with teens and young adults. She believes that her role is to provide them with support on their healing journey as they discover what already exists within them, make decisions that feel right for them, and create meaningful change that they want for themselves.

Tati earned her undergraduate degree in Psychology from James Madison University and her Master's degree in Mental Health Counseling from Nova Southeastern University. She is currently working toward becoming a Certified Clinical Trauma Professional. Throughout her career, she has worked with clients from diverse backgrounds in crisis stabilization units, community agency centers, outpatient programs, residential treatment, and private practice.

Tati is an LGBTQ+ affirming EMDR trained Clinician and Certified Women's Circle Facilitator. She also writes letters of referral for gender-affirming medical care, provides coaching for parents of LGBTQ+ youth, and facilitates consultation for providers on issues relevant to working with LGBTQ+ youth. When she's not working, Tati enjoys reading, photography, going to coffee shops, traveling, and spending time relaxing with her wife and two dogs at home.

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 www.thewisefamily.com



Specializes in teens ages 13 - 18 years old as well as 18+