

# Meet Amanda!

## Licensed Clinical Social Worker

Pronouns: she/her  
Office: Alexandria + Virtual

**\*\* Amanda is a senior clinician. She is licensed in VA and is an approved telehealth provider for the state of FL.**

**\*\* Currently accepting new telehealth clients!**



Amanda is a Licensed Clinical Social Worker. She has called Alexandria home for most of her life. Her ideal vacation is a week at the beach with a good book (or six). She enjoys cooking and baking to gift treats to her friends and family. Although she does not have her own dog, she is an enthusiastic puppy aunt! In her free time, you might find Amanda reading or catching up with her friends.

Amanda completed her undergraduate degree in Social Work along with minors in Family Studies and Criminal Justice at James Madison University in Harrisonburg, VA. She is a proud Duke Dog alumnus and followed her time at JMU by earning a Master's degree in Social Work from VCU.

In addition to her time spent at the Wise Family Wellness, Amanda works within the local school systems as a school social worker. She also provides supervision for individuals working towards becoming licensed clinical social workers. Before joining Wise, Amanda worked as a Therapeutic Day Treatment Counselor in an elementary school setting. Her preferred treatment leans more towards CBT. She incorporates a lot of play therapy and art therapy in her sessions. She believes in a more hands on approach that allows for creativity and play, which to Amanda, is an essential part of the therapeutic process.



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